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Abstract of the Disclosure

A multi-session disc having a digital versatile disc (DVD) application session, a recording/reproducing apparatus, and a recording/reproducing method, are provided. In this multi-session disc, which has a compact disc read only memory (CD-ROM) session, a lead-in area, a lead-out area and a user area, each having a compact disc read only memory (CD-ROM) format, are distinguished and digital versatile disc (DVD) application according to a predetermined file system is recorded in the user area. Therefore, the disc can be used for a music video or a presentation which requires a short reproduction time using a low-priced CD. Also, general CD players can reproduce audio information in an audio CD session, DVD players can reproduce a DVD application in a CD-ROM session, and audio CD players, which support a multi-session CD, can reproduce a DVD application as well as audio information.